

FREE THETAN

NEWSLETTER OF THE ASSOCIATION OF
PROFESSIONAL INDEPENDENT SCIENTOLOGISTS

Preserve, Protect & Promote



Aug 2021

Volume 13 Issue 8

A Story

There was a snake that crawled over a sharp saw and was cut. In anger the snake wrapped the saw with its thick body and proceeded to squeeze the life out of the saw. With each angry squeeze it felt more pain but continued because it wasn't going to let the saw get away with the pain it caused it. The snake, refusing to let go of the saw, eventually died; not knowing the whole time, he needed to let go of the initial pain and not resist it.

"Anything you resist you get. Anything you resist you become—the favorite motto of this universe."

—THE PHOENIX LECTURES



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Preserve, Protect & Promote

FREE THETAN
Volume 13 Issue 8 August 2021

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Important

In studying Dianetics and Scientology be very, very certain you never go past a word you do not fully understand.

The only reason a person gives up a study or becomes confused or unable to learn is that he or she has gone past a word or phrase that was not understood.

Trying to read past a misunderstood word results in mental "fogginess" and difficulty in comprehending the passages which follows. If you find yourself experiencing this, return to the last portion you understood easily, locate the misunderstood word and get it defined correctly—and then go on.

~o0o~

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|---|--|---|
|  | <p>The Members Quarterly Journal of the Association of professional Independent Scientologist</p> <p><i>Preserve, Protect & Promote</i></p> <p>http://independent-scientologists-association.net</p> |  |
| | | <p>reservo, servo, proveho</p> |

~ Editorial ~



reservo, servo, proveho

Dear Reader,

Holding one's space is important. Especially when all around one an enforced ARC break is being dramatised and pushed forward as a solution to a mystery virus. It is important for an individual to maintain he or her own reality and work to apply the Code of Honour as much as possible.

It is in one's interest to maintain ones integrity, reality and keep one's own counsel and ones own goals.

Never forget, one is a spiritual being, not a body and actions relating to the body are not as important as actins relating to the being.

You have had an eternity behind you. And you have an eternity before you. The current is just a blink of a eye.

Until next time

Much arc,

Michael Moore
Editor

~oo00oo~

The Aims of Scientology and APIS

Lafayette Ron Hubbard first issued the 'Aims of Scientology' which of course still stands. Yet, despite holding a copyright on these aims the Church of Scientology, RTC and the CST do not appear to be following these aims fully. Therefore it behooves us to take some responsibility and set out our aims, based upon the aims that Ron first envisaged as something which we can honestly strive to attain.

We therefore stated below:

The Aims of APIS

To contribute towards having a sane society by the promotion, expansion and application of the technology to the point where people can live their lives in peace and security and without war or insanity and where they can honestly flourish and prosper and attain higher levels of spiritual being.

APIS is non political in nature and welcomes any individual of any creed, race or nation.

APIS does not seek revolution. APIS seeks only to assist in paving the way for evolution to higher states of being for the individual and for society. After endless millennia of ignorance about himself, his mind and the universe, a breakthrough has been made for man by Lafayette Ron Hubbard with the philosophy and the technology he developed to free man from the shackles of his mind.

According to Lafayette Ron Hubbard, "The combined truths of fifty thousand years of thinking men, distilled and amplified by new discoveries about man, have made for this success."

We welcome you to APIS. We would like your help in achieving our aims and helping others and we hope to be able to help you in return.

The original working technology of Lafayette Ron Hubbard is the most vital movement on Earth today. In a troubled world, the job of promoting and applying this technology is not easy. But then, if it were, we wouldn't have to be doing it.

APIS does not owe its help not having done anything to caused it to propitiate. We are here because we want to be here and we want to assist Ron in his aims.

As Ron says:

"Man suspects all offers of help. He has often been betrayed, his confidence shattered. Too frequently he has given his trust and been betrayed. We may err, for we build a world with broken straws. But we will never betray your faith in us so long as you are one of us.

The sun never sets on Scientology.

And may a new day dawn for you, for those you love and for man.

Our aims are simple, if great.

And we will succeed, and are succeeding at each new revolution of the Earth.

Your help is acceptable to us.

Our help is yours."

'The Aims of Scientology' -- Lafayette Ron Hubbard

~oo00oo~

CERTIFIED AUDITORS & GROUPS

This list of auditors and groups here have been ratified and certified as delivering On Source Standard Technology.

These Auditors and groups have requested and gone through an exacting certification process that validates their abilities and expertise. See [Certification](#) for further details. They have passed stringent testing by senior technically qualified people as per the [certification process](#).

Canada

Toronto

Chris Black. Class VIII C/S, KOT,

Delivers: Purif C/S; Life Repair To Clear Auditing & C/Sing OT reviews & C/Sing; FPRD; Debugs & more.
standardtechauditor@yahoo.ca

USA

South East

Southern Cal tech Team

Standard LRH Bridge

Training, Auditing & C/Sing Specializing in OT and NOTs levels
scttservices@gmail.com

Los Angeles, California

Trey Lotz Class VIII

Delivers: Standard LRH Bridge up to Clear, OT

[Trey Lotztrey@relaypoint.net](mailto:TreyLotztrey@relaypoint.net)

Ian Waxler Class VIII C/S with Honors

Auditing and C/Sing all old LRH Bridge

info@adcian@yahoo.com

Ingrid Smith

From Life repair to OT4

ingridsmith123@yahoo.com

Scotland

Ken Urquhart. Class IV Advance Courses Specialist. Class IX

Delivers: Internships, apprenticeships and Okay-to-Audits Class V

[Ken Urquharturq@verizon.net](mailto:Ken_Urquharturq@verizon.net)

Non certified and pending auditors, groups and organizations can be found on the [auditors page](#). APIS offers no guarantee as to the quality of delivery of services with uncertified auditors. They are alphabetically categorized by country and region for your convenience.

~oo00oo~



Wins and Successes in the Scientology Independent Field

" I'm more ME!"

"I'm in this state of "I won't back down". I'm more ME; I'm coming from ME. I used to have this big issue with LIFE. But I've discovered myself now. As a result of our last group of sessions, my reference point is no longer "life"; my reference is now ME, not life.

In the past few weeks, I've become more creative, I'm writing more, connecting more all around me, and am even more connected with my religion as well. I now feel clearer, able to look forward. I'm less connected with the past and more willing to own it. I'm even less depressed; winter doesn't bother me anymore. I'm eating better and more sensibly. And I'm not dramatizing! I'm in good shape and going forward with what I need to do. I'm not willing to be victimized by life anymore, I'm not willing to be a victim! Now I'm not living as a victim and it's really different! I used to think of what I wanted to do during the year re work and then do enough to pay the bills, just get by. But now I have the idea of "What would it be like if I actually DROVE this train, if I actually CREATED it?" I used to be afraid of life. Now, the whole basis on which I used to live my life has changed. What I am is pure potential – to do, or be, anything!"

Purification Program

Before the Purification Program I read the book twice and thought that it may be a neat thing to do. I love jogging, did some drugs, like doing the sauna, and have had suffered from atopic eczema since childhood. So I thought that if the program would get rid of that skin problem it would be a great win for me. Plus it will give me three weeks at a beautiful place with Mark, so it would be a kind of a vacation. I have reached the End Phenomena yesterday and I KNOW I HAVE :-). It feels GREAT. My sight got better. I feel so energetic! I was drinking water yesterday and it felt like the water was going through my body all the way to my fingers and toes. Neat

feeling! I could not sleep last night because of the excitement. My ability to think clearly has definitely improved and I promise I am going to use it :-). But the main thing I got out of this Program is that I realized that I am a very powerful being and it is only up to me what I will do, when and how. More than that, when I was walking around the pool at three at night and felt the End Phenomena of this program I did not look at my hands to check if the eczema got better, I did not feel like going to look in the mirror to see how I look now. I did not care about that. I REALIZED THAT I AM MUCH GREATEST WIN :-). I FILLED UP THE WHOLE SPACE AROUND. THANK YOU!!! And btw the eczema got much better :-)

THE STATE OF CLEAR

What a fantastic thing to finally be able to be acknowledged for. I can stop invalidating myself and be me again. All I can say is, "NO WON DER!!!" I'm starting to get back the excitement and enthusiasm for life again. I can't wait to see what's next since I've been waiting this whole lifetime for the next step. Thanks LRH and guys!

OT III

I feel that I have gained a lot of stability, increased my ability to create, and cleared out a lot of pain from my body. I released a back problem that I have had for years in addition to many neck and shoulder pains.

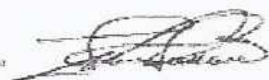
From: [REDACTED]
To: [REDACTED]
Sent: Friday, July 23, 2004 1:12 PM
Subject: Touch Assist on yourself

~oo00oo~

Well, there's a very interesting experiment that you can run, if you have some minor ailment in some part of your body or something of the sort. Let's say you have a knock in the head or something that hasn't gotten well. If you'll just run a Touch Assist on yourself for a while, just keep touching it and looking at your fingers. And you may have to do it for several days or something like this because it might be quite severe—or if you know of an old injury, something like this—you keep doing it, you know. Keep noticing your fingers, not feeling them but kind of looking at them. ...

"Well, the funny part of it is what disappears is the bump. This is an interesting demonstration as to the goodness or badness of man. The bump disappears. Who's looking at it? You are. Well, what did you cause to have happen? You caused a bump to disappear. That's what you had happen. Well, why didn't your head disappear? That's an interesting thing. Just think it over for a while.

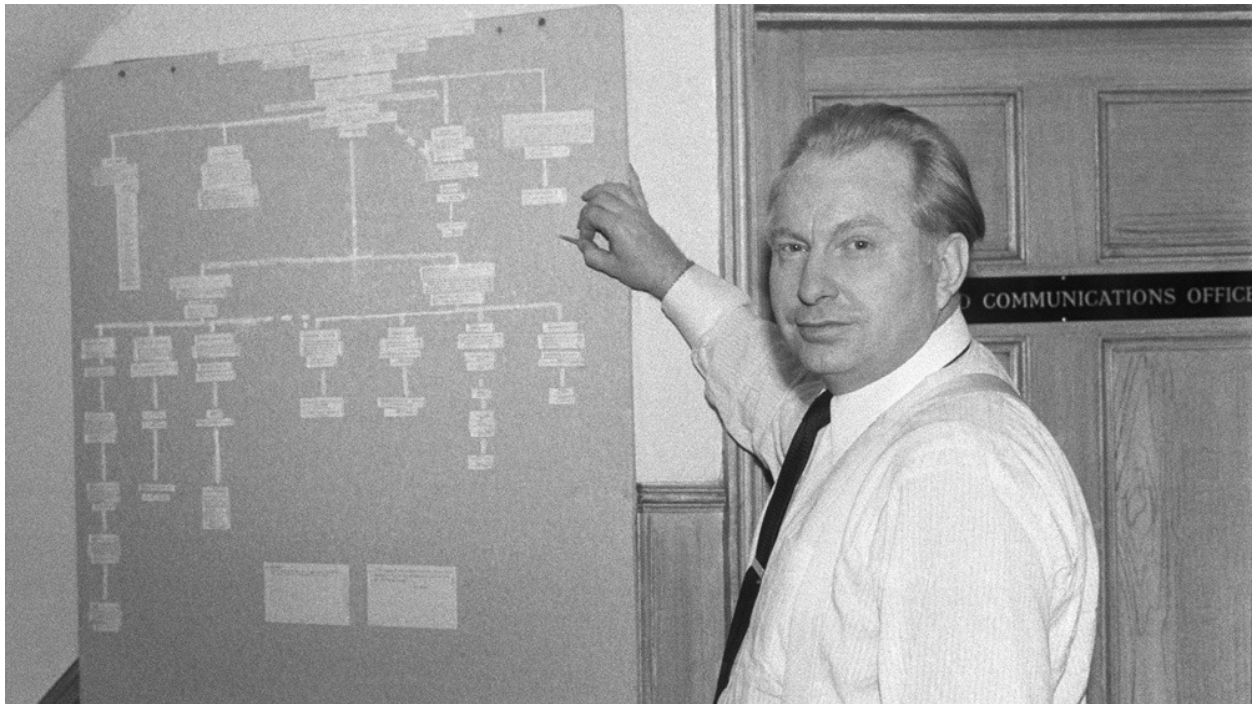
"It demonstrates that your presence or attention on anything is beneficial to a body. It's fascinating. I mean you look it over. You've got enough philosophy in those few words to have stunned Chaldea."



—L. Ron Hubbard

Excerpted from the *London Congress on Dissemination & Help and the London Open Evening Lectures*

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HUBBARD COMMUNICATIONS OFFICE
 Saint Hill Manor, East Grinstead, Sussex
 HCO POLICY LETTER OF 6 DECEMBER 1970

Remimeo
 Dept 14 Hats
 Personnel Series 13
 Org Series 18

THIRD DYNAMIC DE-ABERRATION

The exact mechanism of 3rd Dynamic (group or organization) aberration is the conflict of COUNTER POLICY. Illegal policy set at unauthorized levels jams the actions of a group and IS responsible for the inactivity, non-production or lack of team spirit.

Counter policy independently set jams the group together but inhibits its operation.

Out-Reality on org bds, hats, etc, is to a large degree caused by disagreements and conflicts which are caused by illegal policy.

If we had a game going in which each player set his own rules, there would be no game. There would only be argument and conflict.

VARIETIES OF COUNTER POLICY

At the start it must be assumed or effected that there is someone or somebody to set authorized policy for the group.

Absence of this function is an invitation to random policy and group conflict and disintegration.

If such a person or body exists, new proposed policy must be referred to this person or body and issued, not set randomly at lower levels or by unauthorized persons.

Policies so set by the policy authority must be informed enough and wise enough to forward the group purpose and to obtain agreement.

Ignorant or bad policy even when authorized tends to persuade group members to set their own random policy.

When no policy at all exists random policy occurs.

When policy exists but is not made known, random policy setting will occur. Ignorance of policy, the need or function of it, can cause random policies.

Hidden not stated random policies can conflict.

Correct policy can be relayed on a cutative basis-a few words left off or a qualifying sentence dropped which makes policy incorrect or null. "Children may not go out" can be made out of "Children may not go out after midnight".

Altered policy can be limitless in error.

Attributing a self set policy to the authorized source can disgrace all policy as well as pervert the leadership purpose.

Policy can be excluded from a zone of a group that should be governed by it. "Pipe making policy does not apply to the small pipe shop."

Such masses of unnecessary policy can be issued that it cannot be assimilated.

Policy can exist in large amounts. but not be subdivided into relevant subjects as is done in hat checksheets.

Disgrace of policy can occur in a subsequent catastrophe and render any policy disgraceful, encouraging self set policy by each group member.

CLEARING A GROUP

All authorized policy must be set or made available in master books and adequate complete policy files.

This makes it possible to compile hats and checksheets and issue packs, Group surveys of "What policy are you operating on?" can reveal random policy.

All bugged (halted) projects can be surveyed for illegal policy and cleaned up and gotten going again.

Other actions can be taken all of which add up to:

1. Get existing policy used.
2. Get areas without policy crisply given policy from the authorized source.
3. Debug all past projects of false policy.
4. De-aberrate group members as per the Organization Misunderstoods PL and other materials.
5. Educate the group members concerning policy technology.
6. Set up systems that detect, isolate and report out-policy and get it corrected and properly set, issued and known.
7. Monitor any new policy against statistics and include policy outnesses as part of all statistical evaluations.

ADMIN SCALE

I have developed a scale for use which gives a sequence (and relative seniority) of subjects re-

lating to organization.

GOALS

PURPOSES

POLICY

PLANS

PROGRAMMES

PROJECTS

ORDERS

IDEALSCENES

STATS

VALUABLE FINAL PRODUCTS

This scale is worked up and worked down UNTIL IT IS (EACH ITEM) IN FULL AGREEMENT WITH THE REMAINING ITEMS.

In short, for success all these items in the scale must agree with all other items in the scale on the same subject.

Let us take "Golf Balls" as a subject for the scale. Then all these scale items must be in agreement with one another on the subject of golf balls. It is an interesting exercise.

The scale also applies in a destructive subject. Like "Cockroaches".

When an item in the scale is not aligned with the other items, the project will be hindered if not fail.

The skill with which all these items in any activity are aligned and gotten into action is called MANAGEMENT.

Group members only become upset when one or more of these points are not aligned to the rest and at least some group agreement.

Groups appear slow, inefficient, unhappy, inactive or quarrelsome only when these items are not aligned, made known and coordinated.

Any activity can be improved by debugging or aligning this scale in relation to the group activity.

As out-Reality breeds out-Comm, and out-Affinity, it follows that unreal items on the scale (not aligned) produce ARC Breaks, upsets and disaffection.

It then follows that when these scale items are well aligned with each other and the group there will be high Reality, high Communication and high Affinity in the group.

Group mores aligned so and followed by the group gives one an ethical group and also establishes what will then be considered as overts and withholds in the group by group members. This scale and its parts and ability to line them up are one of the most valuable tools of organization.

DEBUG

When orders are not complied with and projects do not come off, one should DETECT, ISOLATE and REPORT and handle or see that it is handled, any of the scale items found random or counter.

If any item below POLICY is in trouble-not moving, one can move upwards correcting these points, but certainly concentrating on a discovery of illegal or counter policy.

Rarely it occurs some old but legal policy needs to be adjusted.

Far more commonly policy is being set by someone verbally or in despatches, or hidden, that is bugging any item or items below the level of policy.

So the rule is that when things get messed up, jammed up, slowed or inactive or downright destructive (including a product as an overt act) one sniffs about for random or counter policy illegally being set in one's own area or "out there".

Thus in the face of any outness one DETECTS-ISOLATES-REPORTS and handles or gets handled the Out-Policy.

The detection is easy.

Things aren't moving or going right. The isolation is of course a WHAT POLICY that must be found and WHO set it.

Reporting it would mean to HCO.

Handling it is also very easy and would be done in Qual.

This Admin tech gives us our first 3rd Dynamic de-aberrater that works easily and fast.

Why?

Well, look at the Admin Scale.

Policy is just below Purpose.

Purpose is senior to policy.

The person who is setting random or counter illegal policy is off group purpose.

He is other purposed to greater or lesser degree.

From 1960 to 1962 I developed a vast lot of technology about goals and purposes.

If we define a goal as a whole track long long term matter and a purpose as the lesser goal applying to specific activities or subjects we see clearly that if we clean up a person's purposes relating to the various activities in which he is involved and on the eight dynamics we will handle the obsession to set random or counter policies!

So it is an auditing job and the tech for it is extensive.

(The African ACC was devoted to this subject. Lots of data exists on it.)

It happens however that around 20% (probably more) of any group's members are actively if covertly anti-group and must be handled at a less profound level under

Personal Aberration in the Org Misunderstood Policy Letter

before you can begin to touch purpose.

Thus any group member, since this tech remedy helps them all, would be handled with:

1. General case de-aberration

(called L I Os on Flag).

2. Purpose handling for posts.

3. Org bd, hatting and training.

Those setting random or counter purpose later detected would get further no. 2 and no. 3.

As the universe is full of beings and one lives with them whether he likes it or not, it would be to anyone's interest to be able to have functioning groups.

The only way a group jams up and (a) becomes difficult to live in and (b) impossible to fully separate from is by random and counter purposes.

If one thinks he can go off and be alone anywhere in this universe he is dreaming.

The first impulse of a hostile being is "to leave" a decent group. What a weird one.

The only reason he gets in jams is his inability to tolerate or handle others.

There's no road out for such a being except through.

Thus all we can do to survive even on the first dynamic is to know how to handle and be part of the third or fourth dynamic and clean it up.

Probably the reason this universe itself is considered by some as a trap is because their Admin Scale is out.

And the only reason this universe is sometimes a trial is because no one published its Admin Scale in the first place.

All this is very fundamental first dynamic tech and third dynamic tech

It is the first true group technology that can fully de-aberrate and smooth out and free within the group every group member and the group itself.

Thus, combined with auditing tech, for the first time we can rely wholly on technology to improve and handle group members and the group itself toward desirable and achievable accomplishment with happiness and high morale.

Like any skill or technology it has to be known and done and continued in use to be effective.

The discovery, development and practical use of this data has made me very very cheerful and confident and is doing the same thing on the test group.

I hope it does the same for you.

L. RON HUBBARD Founder L

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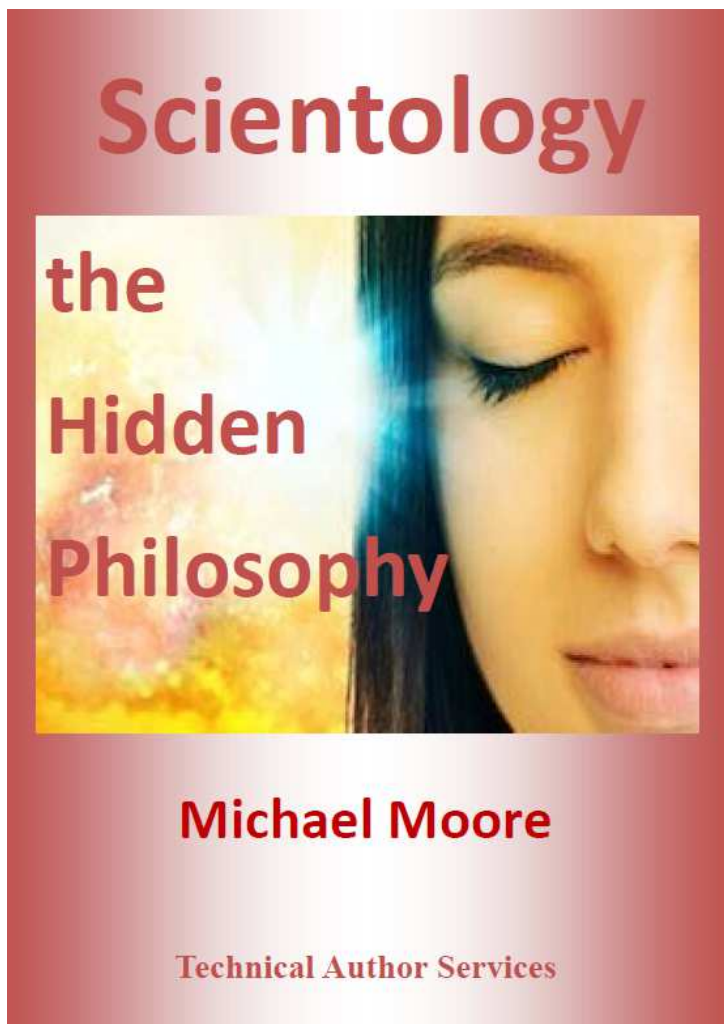
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Extract from the Organisational Executive Course Volumes.

~oo00oo~

***Join The Association
of Professional
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make a difference to your life!***

<http://independent-scientologists-association.net>



The Hidden Philosophy

Everything you always wanted to know about Scientology.

Free to Scientologists!

Many people have misconceptions about Scientology, what it is and does.

It does not make a person good or bad or crazy or powerful. Morally superior or inferior. It simply opens up the ability to be oneself.

As Ron Hubbard has said himself,

“Your potentialities are a great deal

better than anyone ever permitted you to believe.”
—SELF ANALYSIS

Just a few of the subjects covered include:

What is Scientology ?

Lafayette Ron Hubbard
The Philosophy of Dianetics and Scientology
Scientology
Basic Principles of Scientology
Dynamics
Tone Scale
Awareness Levels

Mary Sue Hubbard
Dianetics
Scientology: the Hidden Philosophy
Using the Basics
ARC Triangle
Know to Mystery Scale
And much more

Get your free copy today from: <https://independent-scientologists-association.net/Scientologythehiddenphilosophy.shtml>

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Mission Statement

The Association of Professional Independent Scientologists (APIS) have as their goals.

**The preservation and protection
of the original applied philosophy of Scientology
and Dianetics as issued by L. Ron Hubbard s
o it is always available worldwide**

**The applied philosophy of L. Ron Hubbard exported
to the world and being applied standardly and
without alteration, dilution or changed in anyway
but exactly as Lafayette Ron Hubbard issued it**

Our Future

We have a bright future in front of us. The past is dead, suitable for inspection in session only. The future is the future. It is the beginning of Scientology for us all and, as Ron said, the sun never sets on Scientology regardless of where it happens to be.

We can start afresh. We can roll up our sleeves and say, "let's get to it." Let's get the philosophy and the basic principles we know out into the world and shared with others. Remember, we are immortal beings. We are also powerful beings. Every individual on this planet including you is an immortal and powerful being and can be re-educated into that understanding. Every individual on this planet can regain their former glory and understanding. It is possible. For some, it might be distant, but remember, they are immortal too. What sort of future do you want? What future would you like to create?

**"Your potentialities are a great deal better than
anyone ever permitted you to believe."
SELF ANALYSIS**

Remember, you CAN do it!

~000000~



Quotes from
**ADMINISTRATION OUT-
 SIDE SCIENTOLOGY**

2nd April 1965

You will find, oddly and weirdly enough, that if you fail to use Scientology admin and Dev-T policies on the society outside Scientology that trouble will occur.

If you just make it a blind rule to always do so, you will avert much trouble and upset. Never fail to use Scientology Admin or Justice to handle the individuals in the society beyond our edges. Sounds adventurous. Well, it is! But effective, too.

....

Such men grab such posts because they are men of fear. Such men are just animated banks. If such cannot destroy you, they will destroy themselves. They will confess at the drop of an electrode if told to do so, poor puppets of their banks that they are.

So don't heed who is pretending to be in charge "out there". There really isn't any thetan in charge. "Human leadership" is usually just the guy with the most bank. When you want to handle one of these "leaders", put the guy's hat on. Hard. With Scientology admin and policy.

Never fail to use Scientology Admin or Justice to handle the individuals in the society beyond our edges. Sounds adventurous. Well, it is! But effective, too.

We have the tech.

It's designed to handle bank conditions.

Use it.

And use our Dissem Formula ruthlessly at every chance and in any situation.

You will only fail to handle a situation if you don't handle it with Scientology. The older methods have failed. Hell! That's why we're here!"

~oo00oo~



PLAYING FIELD

L. Ron Hubbard,

17. November 1954

This universe would have no value whatsoever unless it could be used as a playing field.

The physical universe essentially is a game. A game is a third dynamic operation, a group activity.

The truth of the matter is, is there – as far as the reason why is concerned, of existence – the reason why is a game. And when it ceases to be a game, there is no reason why. So a person only becomes baffled about a reason why when it has ceased to be a game.

Well, how could it cease to be a game? *By a person no longer being a player.* A person is no longer a player. A person becomes a pawn. What do you think a pawn on a chessboard thinks about?

The auditor's mission is to bring him up to where he can be to some degree a player. If he can't play a game, he can't do anything because there's nothing else to do.

That's the hideous part of all this. People come around and they tell you, "Now, life is serious. It's important." You know what they're trying to do? Trying to make a pawn out of you. That's how you make pawns. You come up to some somebody and you say, "Now, listen. Life is serious. It's important. And you are an 'it,' you know, and it's very serious and it's very important, and you move when I move you."

Next thing you know, why, you feel kind of pawnish or if you're in the army, privatish.

What's the difference between a game and not a game? Well, there's two gradients. There would be the point above and the point below a game.

We'd have this level here, we call it *game level*. Now, we have a point below it where the person is actually involved in a game but isn't playing it, but is simply being moved around willy-nilly, see? Well, that person might be part of the game, but he doesn't know anything about it if he is. See, he wouldn't have any knowingness. Therefore, any participation he had would be other-determinism, and he would be getting moved around.

Now, there's the point above that where there would be no game simply because there's no players. You walk in on the scene, you make a scene, something like this, and you look around you, and there's just nobody else to fight with, nobody else to play with, there's no other chess player. Life is not worth living if there's only a first dynamic (his own needs). That's the truth of the matter.

There's two ways you could get into this. As far as the study of individuality is concerned, it is basically the study of the individual who has full capabilities for playing a game and has no other players against whom to play, or below that level is forced into the category of being the only one, and so of course cannot play a game because he is again enforcedly and obsessively the only one. His perception is so poor as a pawn that he can't even look around and find out there are even enemy pawns. He just feels confused when somebody moves him. Somebody moves him, and he immediately feels confused because there seemed to have been something else on the space or something. He isn't sure. It's all a big maybe. He probably bows down and prays to Yahweh or somebody at this point.

And there's one other way to know there is no game, and that is simply be blotto, unconscious, wiped out, either permanently dead – which is impossible – or at least parked on one of these bars around here with the other barflies or sound asleep in bed. Under these conditions, you wouldn't know

about a game either.

unwritten rule

When we get into the field of games, there are certain rules that nobody ever practices, really, and that's this rule *don't knock out the playing field*. That's an unwritten rule in games.

But what sort of a state of mind would an individual have to be in to do this? Boy, would he have to be desperate. That man's record must look like that he lost every game for ages. He must conceive that it's absolutely impossible to win a game if he is going to conceive that the only solution to this game and the only way he can win is to destroy the playing field.

The Wrong Thing To Do

We know the wrong thing to do. Any preclear is stuck on the track when he took no responsibility and did nothing. We find him utterly enmeshed and smashed and mired into the mud at those points when he said, "I can't do anything about it. I quit."

So we know the wrong thing to do, don't we? Nothing.

Therefore, if the wrong thing to do is nothing, if the goal posed or the necessity about which to do something sits there, then *anything* you do is more right than nothing. Isn't it? Anything you do is not as wrong as doing nothing.

The fond hope would be that everybody would simply go into apathy and say this one government would govern.

Point of Fighting Back

There's a very funny thing about man. He doesn't happen to be a coward. *There is always some point of degradation where he will turn and fight.* He's not a rat. In spite of psychology, he is not a rat, and he doesn't behave like rats except in one respect, is you shove him too far and he'll fight.

I have seen men pressed into the deepest apathy you ever heard about by the sudden emergency and explosion of weapons of war. And then resurge and find somewhere enough energy to continue forward and somehow or other patch things up and keep going.

I've seen things in the most incredible state of dishabille put back together again by men who a few minutes before had been in complete apathy about doing anything.

Man is a remarkable character. Man will do something about this. Not because I say so. Not because you say so. He will do something about it as soon as he begins to realize what this is. He too will realize that the wrong thing to do about it is nothing.

Put all the responsibility on somebody else that would be the wrong thing to do. Even he will realize this.

You may see a complete revulsion against science as such. Complete revulsion, to where any scientific accomplishment becomes suspect. This has happened, but remember that science has as its belief that man is something which was created from mud. That man is a thinking sort of a machine not endowed with any immortal life. And science is wrong, and I would put my chips on the person who was right. I always like to do that.

L. RON HUBBARD

~oo00oo~

HUBBARD COMMUNICATIONS OFFICE
Saint Hill Manor, East Grinstead, Sussex

HCO BULLETIN OF 17 MARCH 1969

Remimeo

POLITICS

Here is a scale taken from *Excalibur* from memory. *Excalibur* was an unpublished book written in the very late 1930s. Only fragments of it remain.

By placing it against the Tone Scale developed at the end of 1950, certain current political philosophies are better estimated. By then looking up these tone characteristics in *Science of Survival* much can be learned and the ideologies are thus made easier to predict or handle.

| | |
|------------------|-----|
| REPUBLIC | 3.0 |
| DEMOCRACY | 2.5 |
| SOCIAL DEMOCRACY | 2.0 |
| FASCISM | 1.5 |
| COMMUNISM | 1.1 |
| ANARCHISM | 0.0 |

The cycle of a nation goes on a descending spiral down this scale.

Those two tones apart are not likely to fight. Those a tone apart fight seldom. Those a half tone apart are in continual conflict.

As this was worked out before World War II, it is quite remarkable to see how true it has held. And how each one has taken something from its neighbors.

I will not go into what lies above democracy except that man is trying with his ideologies to solve mainly the problem of succession. History has seen other government forms work far more ideally than those named but in none of these could one guarantee succession of the beneficial rule. Thus, adherents of all forms of ideology can be made to agree that "benign monarchy" is an excellent form of government. But they discard it because a truly good benign monarch is not necessarily succeeded by one in the next reign.

Few governments exist in pure form.

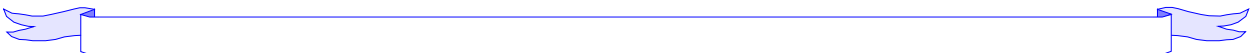
(Note: There are no major governments at this writing above social democracy.)

L. RON HUBBARD
Founder



***Quote from
L. Ron Hubbard***

THE CODE OF HONOUR

1. Never desert a comrade in need, in danger or in trouble.
 2. Never withdraw allegiance once granted.
 3. Never desert a group to which you owe your support.
 4. Never disparage yourself or minimize your strength or power.
 5. Never need praise, approval or sympathy.
 6. Never compromise with your own reality.
 7. Never permit your affinity to be alloyed.
 8. Do not give or receive communication unless you yourself desire it.
 9. Your self-determinism and your honour are more important than your immediate life.
 10. Your integrity to yourself is more important than your body.
 11. Never regret yesterday. Life is in you today, and you make your tomorrow.
 12. Never fear to hurt another in a just cause.
 13. Don't desire to be liked or admired.
 14. Be your own adviser, keep your own counsel and select your own decisions.
 15. Be true to your own goals.
- 

Daily do list from Ron

Here's a brief quote from Professional Auditor's Bulletin (PAB) No. 6, which I offer as a fair use quote for educational purposes:

"Now you happen to be using a body. Before we worry about your mind let's clean up the primary communication relay point, the body. And for two weeks, let's do these things:

1. Clean up your MEST, get done the various odd jobs you've "been meaning to do."
2. Bring yourself up to date socially and give a letter or a ring or a personal call on people you've neglected.
3. Take a one-hour walk every day, simply starting away from home very early (dawn is best) for half an hour and then walk back, a different direction every day. (If you can't walk, get out in the yard and throw things for half an hour. If you can't throw, spit at something for half an hour -- and I mean throw and spit literally.)
4. Get a physical examination and if anything is chronic get it cured.
5. Take twice a day 100 mg. of B1 (200 mg. total) and supplement it with 250 mg. of vitamin C.

If you will do these things, you will be ready in a couple of weeks for some auditing. And if you feel you're in such top condition you need no auditing, I dare you to do the above and feel the change."





| | | |
|---|--|--|
|  <p>FREE THETA Journal of the International Freezone Association JOURNAL OF THE INTERNATIONAL FREEZONE ASSOCIATION <i>Persuade, Protect & Promote</i> July 2006 Volume 2 Issue 1</p> <p>Freedom</p> <p>Fixed on too many barriers, man yearns to be free. But launched into total freedom he is purposeless and miserable.</p> <p>There is freedom amongst the barriers. If the barriers are known and the freedoms are known, there can be life, living, happiness, a game.</p> <p>— SCIENTOLOGY: A NEW SLANT ON LIFE</p> <p>L. Ron Hubbard</p> | <h2>FREE THETA</h2> <p>The voice of independent Scientologists with Exciting articles by source and well known and well respected individuals. Regular favourite features. Available to APIS Members only. Join APIS Today!</p> |  <p>FREE THETA JOURNAL OF THE INTERNATIONAL FREEZONE ASSOCIATION <i>Persuade, Protect & Promote</i> Jan 2007 Volume 3 Issue 1</p> <p>"REALITY IS THE AGREED UPON APPEARANCE OF EXISTENCE."</p> <p>SCIENTOLOGY 8 8008 Lafayette Ron Hubbard</p> |
|---|--|--|







CLASSIFICATION, GRADATION AND AWARENESS CHART

TRAINING

PROCESSING

|  AUDITOR'S CLASS |  COURSE |  PREREQUISITES |  END RESULT |
|---|--|---|--|
| Glass XII Case Supervisor | Class XII C/S Course | Class XII Internship | Standard case supervision of L11 and L12 |
| Permanent Glass XII Auditor | Class XII Internship | Class XII Auditor | Fluency Class XII Auditor |
| Glass XII Auditor | L12 Course | Class XI Auditor | Ability to write L12 |
| Permanent Glass XI Auditor | Class XI Internship | Class XI Auditor | Fluency Class XI Auditor |
| Glass XI Auditor | L11 Course | Class X Auditor | Ability to write L11 |
| Glass X Case Supervisor | Class X C/S Course | Class X Internship | Standard case supervision of L10 |
| Permanent Glass X Auditor | Class X Internship | Class X Auditor | Fluency Class X Auditor |
| Glass X Auditor | L10 Course | Class IX Auditor | Ability to write L10 |
| Glass IX Case Supervisor | Class IX C/S Course | Class IX Auditor | Case Supervision of NOTs Case |
| Permanent Glass IX Auditor | Class IX Internship | Class IX Auditor | Fluency Class IX Auditor |
| Glass IX Auditor | NED for OTs | Class VIII Auditor | Ability to write NOTs |
| Glass VIII Case Supervisor | Class VIII C/S Course | Class VIII Auditor | Fluency Case Supervision of all cases |
| Permanent Glass VIII Auditor | Class VIII Internship | Class VIII Auditor | Fluency Class VIII Auditor |
| Glass VIII Auditor | Class VIII Course | Class VI Auditor | Ability to write all cases to 100% marks |
| Glass VII Case Supervisor | Class VII C/S Course | Class VII Auditor | Case Supervision of Power Processing |
| Glass VII Auditor | Power Processing | Class VI Auditor | Ability to write Grade VI and VA Power Release |
| Glass VI Case Supervisor | Class VI C/S Course | Class VI Auditor | Standard case supervision of all actions up to Class VI |
| Permanent Glass VI Auditor | Class VI Internship | Class VI Auditor | Fluency Class VI Auditor |
| Glass VI Auditor | Silent Hill Special Briefing Course | Class V Auditor | Superb auditors with full philosophical and technical command of materials to Class VI |
| Glass V Graduate Case Supervisor | Class V Graduate C/S Course | Class V Graduate Auditor | Standard Class 0-V case supervision |
| Permanent Glass V Graduate Auditor | Class V Graduate Internship | Class V Graduate Auditor | Fluency Class V Graduate Auditor |
| Glass V Graduate Auditor | Class V Graduate Course | Class V Auditor | Ability to write Special Rendevous and Case Remedies |
| Permanent Glass V Auditor | Class V Internship | Class V Auditor | Fluency Class V Auditor |
| Glass V Auditor | New Era Datasets | Class IV Auditor | Ability to write NED and all lower Grade Releases |
| Permanent Glass IV Auditor | Class IV Internship | Class IV Auditor | Fluency Class IV Auditor |
| Glass IV Auditor | Academy Level IV | Class III Auditor | Ability to write Grade IV Ability Release |
| Glass III Auditor | Academy Level III | Class II Auditor | Ability to write Grade III Freedom Release |
| Glass II Auditor | Academy Level II | Class I Auditor | Ability to write Grade II Relief Release |
| Glass I Auditor | Academy Level I | Class 0 Auditor | Ability to write Grade I Problems Release |
| Glass 0 Auditor | Academy Level 0 | Student Hat, Communication Course | Ability to write Grade 0 Communication Release |
| Prerequisites to Training | | | |
| Not Graded | Student Hat | NONE | A student who understands and applies fully the tech of study |
| Not Graded | Communication Course | NONE | Ability to comfort in spoken and life and to control communication |

This chart is based on LRB 301 Int, 17 December 1978, and the 1974, 1978, and 1983 Grade Charts. There are many sundries and tools used by the C/S in the course of auditing to ensure all PCs achieve the full benefits and abilities of Scanzello; however these actions are at the discretion of the C/S and may even be requested by the PC/Pe/OT as he/she moves along the chart.

|  PC GRADE |  NAME OF STATE |  CLASS OF AUDITOR REQUIRED |  ABILITY GAINED |
|--|---|---|--|
| OT VII and Above | As Issued | As Issued | As Issued |
| OT VII | Section VII OT | Sole Auditor (Class V recommended) | Rehabilitation of intention; ability to project intention |
| OT VI | Section VI OT | Sole Auditor (Class V recommended) | Ability to operate freely as a thetan center and to act pre-determinedly; extends the influence of the thetan to the awareness of others |
| OT V | Section V OT | Sole Auditor (Class V recommended) | Refrains from a thetan exterior with the physical universe; freedom from fixated instrumentation into MEST |
| OT IV | Section IV OT | Sole Auditor (Class V recommended) | Certainty of self as a being |
| NOTs/ Solo NOTs | New Era Dianetics® for OTs | Class IX/ Solo Auditor (Class V recommended) | Cause over life |
| OT III | Section III OT | Sole Auditor (Class V recommended) | Return of full self-determination; freedom from overwhim |
| OT II | Section II OT | Sole Auditor (Class V recommended) | Ability to confine the whole track |
| OT I | Section I OT | Sole Auditor (Class V recommended) | Experiences a being and brings about an awareness of himself as a thetan in relation to others and the physical universe |
| Sunshine Rundown | Sunshine Rundown | Sole Auditor (Class V recommended) | Per Sunshine Rundown materials |
| Clearing Course* | Clear | Sole Auditor (Class V recommended) | A being who no longer has his own reactive mind |
| Grade VI* | Whole Track Release | Sole Auditor (Class V recommended) | Return of powers to act on own determination; freedom from dramatization |
| Solo Course | Sole Auditor | NONE | Ability to audit solo |
| Grade WA* | Power Plus | Class VII | Establishes ability to handle power |
| Grade V* | Power Release | Class VII | Ability to handle power |
| New Era Dianetics | NED® Completion | Class V or above | Clear or a well and happy human being |
| Expanded Grade IV | Ability Release | Class IV or above | Moving out of fixed conditions and gaining the ability to do new things |
| Expanded Grade III | Freedom Release | Class III or above | Freedom from the aspects of the past and ability to face the future |
| Expanded Grade II | Relief Release | Class II or above | Relief from the hostilities and sufferings of life |
| Expanded Grade I | Problem Release | Class I or above | Ability to recognize the source of problems and make them vanish |
| Expanded Grade 0 | Communication Release | Class 0 or above | Ability to communicate freely with anyone on any subject |
| ARC Straightwire | Recall Release | Class 0 or above | Knows he/she won't get any worse |
| Objectives | Objectives Completion | Class I or above | In present time and able to control and put order into the environment |
| Purification Rundown | Purification Rundown Completion | NONE | Freedom from contamination of drug residuals and other toxins |
| Life Repair | Life Repair Completion | Class 0 or above | Awareness of truth and the way to personal freedom |

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* Route taken if the state of Clear is not attained on NED

A Special Quote from the Volunteer Ministers Handbook by L. Ron Hubbard

Exercises One, Two and Three

Exercise One

Look and Act Younger: Sitting somewhere near the center of a room, close your eyes and "contact" the two upper corners of the room behind you. Then, holding those corners, sit still and don't think. Remain interested only in those two corners.

You can do this for two minutes (minimum) or two hours, always with benefit. No matter what happens, simply hold the corners and don't think.

You can do this daily. It will make you look and act younger.

Exercise Two

Feel Freer: Pick out two similar objects. Then find as many differences between them as possible.

Now pick out two objects and see where they are in relation to each other and your body.

Use these two steps over and over. You will feel freer and see better.

Exercise Three

Better your memory: Go over this list many times, each time answering its questions.

"Recall a time which really seems real to you."

"Recall a time when you were in good communication with someone."

"Recall a time when you agreed to something."

"Recall a time when somebody disagreed with you."

"Recall a time when you liked somebody."

"Recall a time when someone agreed with you."

"Recall a time when someone was communicating easily to you." "Recall a time when somebody liked you."

Use this list many times. If "holding corners" (Exercise One) disturbed you, use this list. If you are tired or confused, use it.

This exercises can be done for hours.

~oo00oo~

Expanded Know to Mystery Scale

But you get a condensation of knowingness. A condensation of knowingness occurs down to lookingness. One has something to look at. And then this condenses and we get emotion. And this condenses and we get effort. And this condenses and we get thinkingness -you know, figure-figure. And this condenses and we get symbols. And the symbols condense and we get eating and the eating condenses and we get sex and the sex condenses and we get mystery.

Now, we could go on down south again and say, below mystery we get peering. And below peering, why, we would of course get misemotion. And below misemotion we would get horror of effort. And below horror of effort, why, we would get something on the order of a circuit instead of thinkingness, you see.

And below this circuit, why, we would get incomprehensible symbols and sciences like psychology. And below, and below this circuitry we would get indigestion. And below indigestion we'd get sterility and impotence. And below this, why, we would get unconsciousness.

**Native State
Not Know
Know About
Look
Emotion
Effort
Think
Symbols
Eat
Sex
Mystery
Wait
Unconscious**

PERSONAL INTEGRITY

WHAT IS TRUE FOR YOU is what you have observed yourself
And when you lose that you have lost everything.

What is personal integrity?
Personal integrity is knowing what you know-
What you know is what you know-
And to have the courage to know and say what you have observed.
And that is integrity
And there is no other integrity.

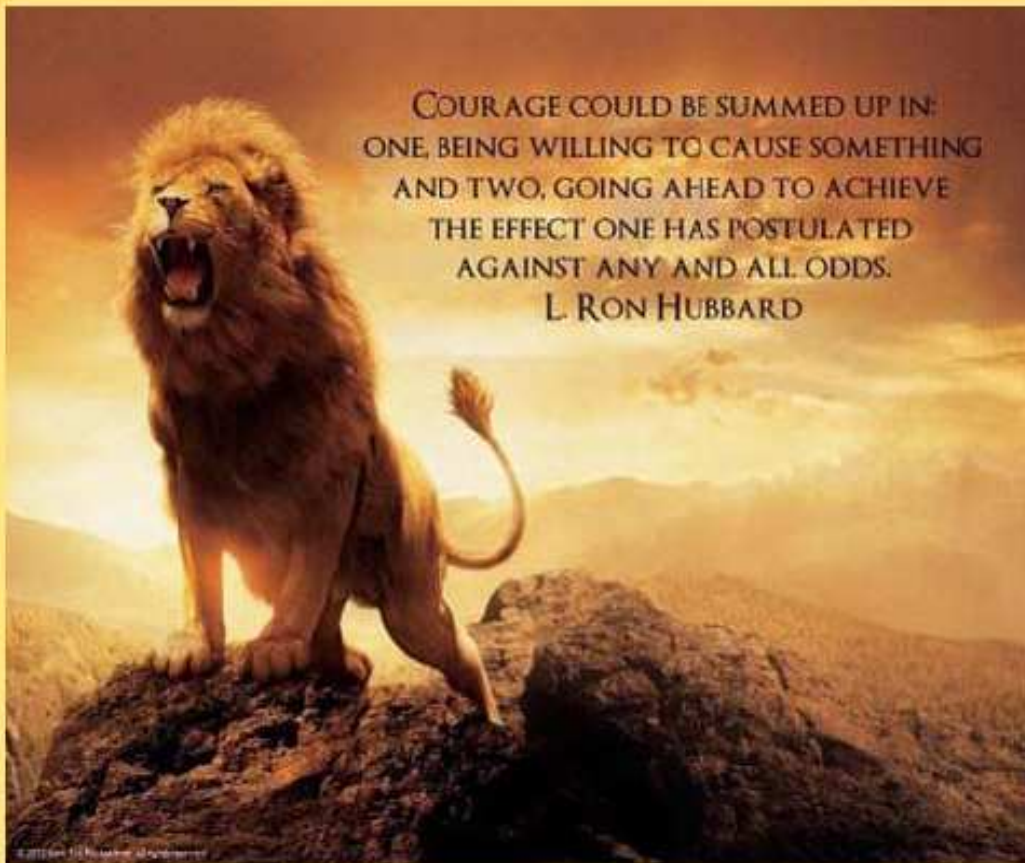
Of course we can talk about honor, truth, all these things,
The esoteric terms.
But I think they'd all be covered very well
If what we really observed was what we observed,
That we took care to observe what we were observing,
That we always observed to observe.

And not necessarily maintaining a sceptical attitude,
A critical attitude or an open mind.
But certainly maintaining sufficient personal integrity
And sufficient personal belief and confidence in self
And courage that we can observe what we observe
And say what we have observed.

Nothing in Dianetics and Scientology is true for you
Unless you have observed it
And it is true according to your observation.
That is all.

L. Ron Hubbard

Group Starter Kit for Scientologists



A Handbook for Field Scientologists Starting up a Group

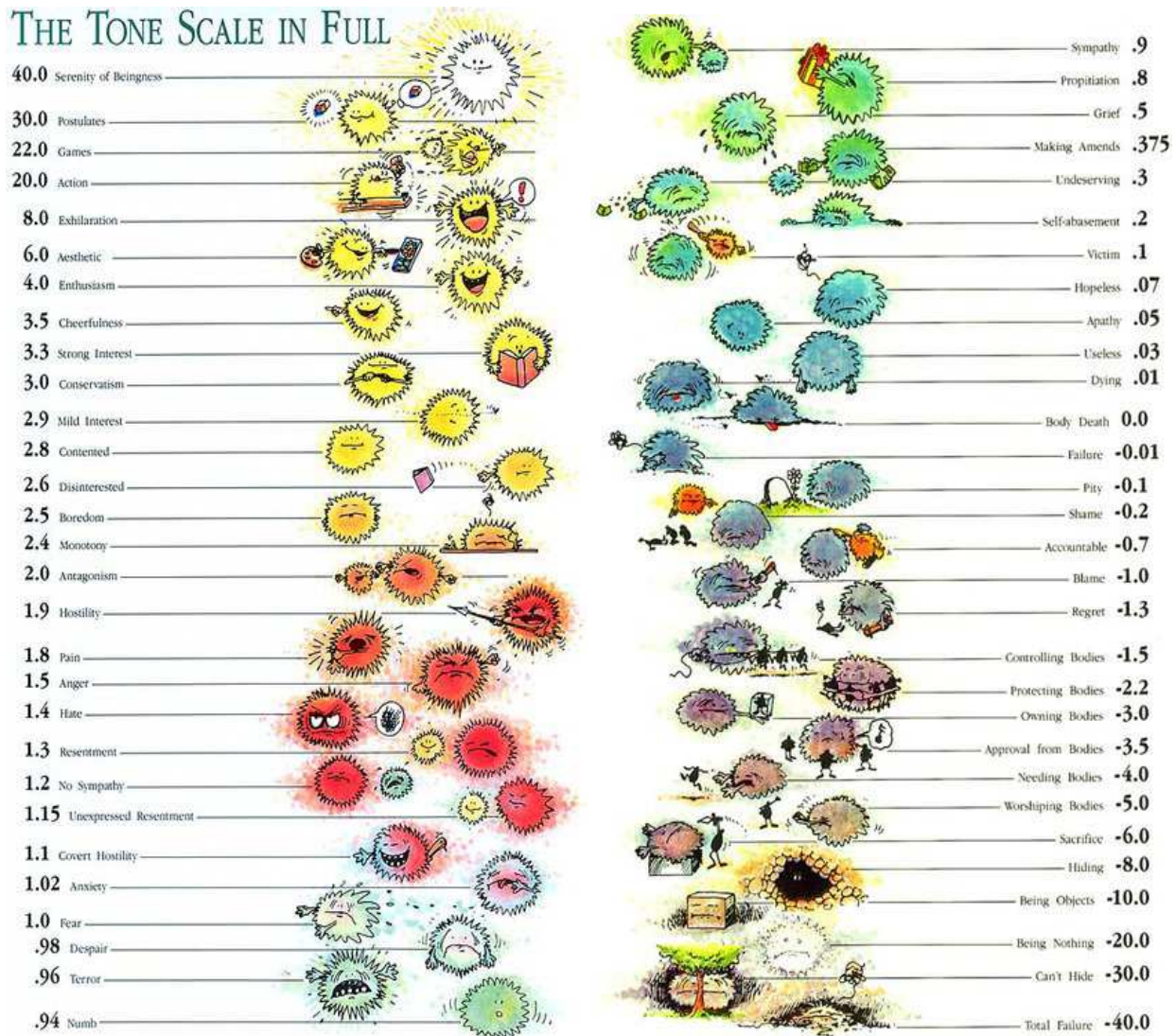
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The Tone Scale in Full



The Tone Scale

Understanding is composed of Affinity, Reality and Communication. This triangle tells us that the co-existent relationship between affinity, reality and communication is such that none can be increased without a resulting increase in the other two and none can be decreased without decreasing the other two. Of the three, communication is by far the most important. Affinity and reality exist to further communication. Under the heading of affinity we have, for instance, all the varied emotions which go from apathy at 0.1 through grief, fear, anger, antagonism, boredom, enthusiasm, exhilaration and serenity in that order. It is affinity and this rising scale of the characteristics of emotion which give us the Tone Scale.

Scientology 0-8. The Book of Basics

Regain your ABILITY and POWER as a Thetan

by L. Ron Hubbard

INTENTION. The ability to intend. And intention contains in it every power the Thetan has. The ability to throw a lightening bolt. The ability to hold something in position. The ability to make something continue. The ability to do away with something. Strength. Accomplishment. Power. Wit. Ability. These things are all wrapped up in the one common denominator of INTENTION.

You've been able to do this in recent times. It baffles you sometimes when a piece of MEST does not instantly and immediately obey, but it's simply a matter of intention.

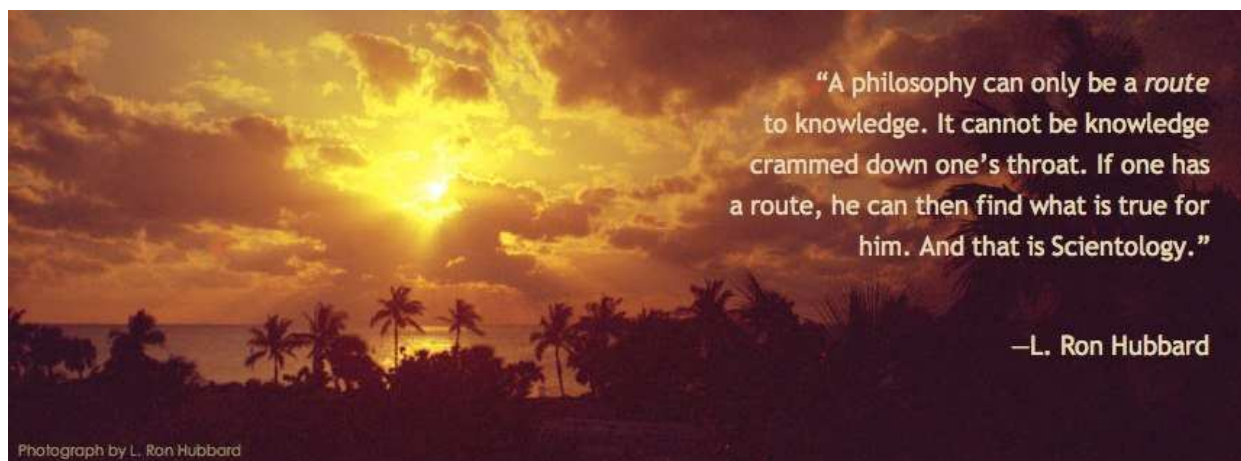
You intend something to happen and it happens. This is the ability to intend. And that is all there is to a thetan's power - there is no more to his power than that.

Intention is everything in case recovery. A person is as weak as his intentions are blunted. He will become as strong as his intentions are free. The greatest holder-backer of intention is the person himself. If he is regaining his power or ability or something like that, he's merely moving out of his road what blunts his intention and what has blunted his intentions, and that's all he is really doing.

Well, now he can go all the way, that is well within his grasp, and if he walks along a certain path and doesn't keep jumping off the cliff and so forth, why he will arrive.



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